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[54] NOVEL AMIDE DERIVATIVE OR ITS SALT

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[57] ABSTRACT

PROBLEM TO BE SOLVED: To provide a compound which is a glycogen phosphorylase inhibitor and is useful as a therapeutic and preventive agent for insulin-dependent diabetes (type 1 diabetes), particularly non-insulin-dependent diabetes (type 2 diabetes), insulin-resistant diseases and obesity.

SOLUTION: The amide derivative comprises an indole ring, a thienopyrrole ring or the like bonded to a bicyclic condensed ring such as tetrahydronaphthalene and indan via an amide bond, where the bicyclic condensed ring has a hydroxyl group.

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